

CARRIE HATCH, PhD, LCMFT

EDUCATION

PhD **Antioch University New England, School of Applied Psychology,**
2022 *Department of Couple and Family Therapy*

Concentration: Social Justice

Dissertation: Developing the Diversity, Equity, Inclusion, Power, and
Privilege Assessment in CFT/MFT: A Delphi Study

Dissertation Chair: Lucy Byno

MS **Friends University**
2018 *Master of Science Degree in Family Therapy*

BS **Brigham Young University, Idaho, School of Family Life**
2015 *Bachelor of Science Degree in Family Studies; Emphasis in Counseling Services*

PUBLICATIONS

Hatch, C. (2022). (In preparation). *A history of racism in the DSM.*

Hatch, C. (2022). (In preparation). *Borders and belonging: Mental health disparities and treatment recommendations for immigrant youth.*

Hatch, C., & Ingram, R. (2021). Five Types of Marriages. In Dr. Jaimee L. Hartenstein. *Encyclopedia: Marriage and Divorce in America: Issues, Trends, and Controversies.* ABC-CLIO: Santa Barbara, California.

PROFESSIONAL PRESENTATIONS

Hatch, C., Stearns, J., Alexander, P., Baker, B., Ingram, R., and Flynn, A. (2020). Trauma-informed care using play therapy techniques. New York Association for Play Therapy, Buffalo, NY.

Hatch, C., (2018). Commencement speech as honor society president. Friends University, Overland Park, KS.

Hatch, C. (2017). Sleep disturbance: Secondary symptom or primary contributing factor. Poster presentation for Psychological & Educational Research in Kansas.

ACADEMIC AND PROFESSIONAL POSITIONS

Group Counseling (3 sections): COUN 6030: CMHC Group Process, Department of Clinical Mental Health Counseling MS Program, Antioch University New England
Summer 2022, Fall 2022

Research In MFT: FMTH 662-62 Emotion-Focused Approaches to Therapy, Department of Master of Science in Family Therapy Program, Friends University
Fall 2022

Group Process (2 sections): COUN 6030: CMHC Group Process, Department of Clinical Mental Health Counseling MS Program, Antioch University New England
Summer 2022, Spring 2022, Fall 2021

Couple and Family Therapy Internship II: 22SPRSEM CFT-6982-B Couple and Family Therapy Internship II, Department of Applied Psychology, Couple and Family Therapy MS Program, Antioch University New England
Spring 2021, Fall 2020

Couple and Family Therapy Internship I: 21FALSEM CFT-6982-B Couple and Family Therapy Internship I, Department of Applied Psychology, Couple and Family Therapy MS Program, Antioch University New England
Fall 2021, Spring 2021

Research In MFT: FMTH 525-58 Research In MFT, Department of Master of Science in Family Therapy Program, Friends University
Summer 2021

Foundational Skills: COUN 5002: CMHC Residency in Individual Counseling, Department of Clinical Mental Health Counseling MS Program, Antioch University New England
Summer 2021

Diverse Families and Communities: 21SPSEM CFT-6060-B Diverse Families and Communities, Department of Applied Psychology, Couple and Family Therapy MS Program, Antioch University New England
Spring 2021

Couple and Family Therapy Internship III: 21SPSEM CFT-6983-B Couple and Family Therapy Internship III, Department of Applied Psychology, Couple and Family Therapy MS Program, Antioch University New England
Spring 2021

Diagnosing and Treatment Planning: 20FASEM CFT-5500 Diagnosing and Treatment Planning, Department of Applied Psychology, Couple and Family Therapy MS Program, Antioch University New England
Fall 2020

Systemic Assessment and Treatment Planning: 20PYB 5501 Systemic Assessment and Treatment Planning, Department of Applied Psychology, Marriage and Family Therapy MS Program, Antioch University New England
Fall 2019

CLINICAL EXPERIENCE

Licensed Clinical Marriage and Family Therapist
April 2019-Present

Carrie Hatch, LLC

Therapy: This private practice's clinical focus is through the therapeutic lens of a marriage between gender-affirming and trauma-informed. This therapeutic epistemology informs the specialized treatment related to PTSD, complex traumas, attachment and bonding, identity, and sex and sexuality. These therapeutic services help individuals make repairs in relationship disrupts that is often the catalyst for relational disfunction and create a connection in close, intimate relationships. Helping them see that when they are soliciting for connection, unmet attachment needs often sabotage their relationships. Because humans are hardwired for connection, this connection then becomes a medium for change. Ultimately, this role lends to clients processing through their life experiences and past freely, to create an improvement in the emotional and behavioral patterning within all areas of their functioning and begin to release harbored traumatic experiences within themselves.

Outpatient Gender Affirming Therapist
April 2019 – Present

KidsTLC, Olathe, KS

Therapy: Providing vital client support for screening, assessing, treating, and preventing suicidal ideation, attempts, and self-harm. Through a trauma-informed lens, this position requires working in tandem with parents to have a fluid and appropriate parenting responses to children that can help foster healthy growth. This position provides hope in solidarity, with caregivers and others in the child's life, to see the whole child outside of their problematic parts for the betterment of their mental health. Additionally, provides extensive support in treating and mitigating symptoms of social, emotional, and behavioral challenges as they relate to significant mental health diagnosis and oppressive poignant trauma histories.

Special Recognition: Difference Maker Award 2020.

Licensed Marriage and Family Therapist
September 2019 – September 2020

Olathe Public Schools, Olathe, KS

Duties: This position requires advocacy and the experience of a highly trained clinician to serve LGBTQ adolescents, young adults, and their families within the Olathe Public School District. This work meets the needs of the diverse community within a junior high setting. The therapeutic encounter provides space for students to uniquely transform by processing through their life experiences freely to help create an improvement in the emotional and behavioral patterning within their home and school, to begin to release harbored traumatic experiences within the family unit.

Licensed Marriage and Family Therapist
December 2018 – May 2019

Armstrong Family Counseling, Overland Park, KS

Duties/Therapy: Specializing in early childhood trauma and distorted cognitive assumptions related to the specific suffering from the mental, emotional, and physical sequelae. Clinically focused on integrative trauma treatment for individuals who have experienced complex traumas and behavioral health issues. Experience with helping children and their caregivers on issues related to attachment, trauma, and bonding. Experience with mapping the more difficult regions of human experience and focusing on the positive experience of personal growth not equating to the abandonment of others.

Pre-Degree Mental Health Intern
April 2017 – July 2018

Safe Home, Domestic Violence Agency, Overland Park, KS.

Duties/Therapy: Utilized evidence-based intensive therapy with individuals, children, families, couples, and groups diagnosed with a variety of presenting symptomology. Experience working with high trauma clients aided in the development of an integrative approach to therapy. This role required working with diagnoses of psychopathology related to clients witnessing and experiencing domestic violence, child abuse, and sexual traumas. Ultimately, this role involved dedicated work involving interpersonal, clinical, and theoretical competencies.

CERTIFICATIONS

American Association of Sexuality Educators, Counselors, and Therapists (AASECT): Certified Sex Therapist (In process).

Expected completion March 2024

LICENSED CLINICAL MARRIAGE AND FAMILY THERAPIST (LCMFT)

Kansas License #03152

AAMFT APPROVED SUPERVISOR

December 2022

Gottman Level One, Two, Couples and Addictions Recovery, and Treating Affairs and Trauma Certified

February 2021

CERTIFIED EMDR level One and Two

October 2019

SPECIALIZED CLINICAL TRAINING

Sex Therapy & Sexuality Education

2024 (In progress)

Ann Arbor, MI
University of Michigan

Gottman Level 1 & 2

2021

Seattle, WA
Presented by John and Julie Gottman

Gottman Couples and Addictions Recovery

2021

Seattle, WA
Presented by John and Julie Gottman

Gottman Treating Affairs and Trauma

2021

Seattle, WA
Presented by John and Julie Gottman

Suicidology and Self-Harm

2020

Overland Park, KS
Presented by Jack Klott

Dialectical Behavior Therapy (DBT)

2020

Olathe, KS
Presented by Gabe Pederson, DBTNCAA

Telehealth for Mental Health Professionals

2020

Overland Park, KS

Dyadic Development Practice (DDP), level 1

2020

Olathe, KS
Presented by Brandon Mock

World Professional Association for Transgender Health (WPATH)

2020

Overland Park, KS
Presented by the Global Education Initiative

**Foundations Course
Advanced Child & Adolescent Workshop
Advanced Mental Health Workshop
Advanced Ethics Workshop**

Eye Movement Desensitization Reprocessing Training (EMDR), level 1 and 2

2019

Grandview, MO
Presented by Dr. Robbi Adler-Tapia

Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Overland Park, KS
2017 Presented by Amber Johnson, Heartland Play Therapy Institute

Theraplay/Attachment Based Play Therapy Overland Park, KS
2017 Presented by Amber Johnson, Heartland Play Therapy Institute

Trauma Art Narrative Overland Park, KS
2017 Presented by Amber Johnson, Heartland Play Therapy Institute

Sand Tray Overland Park, KS
2017 Presented by Amber Johnson, Heartland Play Therapy Institute

Psychodrama Overland Park, KS
2017 Presented by Amber Johnson and Aubree Ridley, Heartland Play Therapy Institute

Art Therapy Overland Park, KS
2017 Presented by Amber Johnson, Heartland Play Therapy Institute

Prepare Enrich Facilitator Overland Park, KS
2015-present

SCHOLARLY ACTIVITIES

Ph.D. NCFR Honors Award
Summer 2022

Apprentice Journal Reviewer, *Journal of Marriage and Family Therapy (JMFT)*
2019

Clinical Exposure Experience (CEE)
March 2021, August 2020, August 2019

The *Clinical Exposure Experience* is an anxiety provoking “clinical” role play that a first-year student endeavors to manage while a group of her/his peers observe and offer feedback. The CEE creates an important measure of students’ ability to manage their own anxiety in clinical situations.

President, MFT Honor Society, Delta Kappa Gamma Chapter
2016-2018

Dibble Institute: Developed addictions recovery group curriculum
Fall 2015

MEMBERSHIP ORGANIZATIONS

American Association of Sexuality Educators, Counselors, and Therapists (AASECT)

2021-Present

World Professional Association for Transgender Health (WPATH)

2021-Present

National Council on Family Relations (NCFR)

2019-Present

American Association of Marriage and Family Therapists (AAMFT)

2016-Present

MOKAN Association of Marriage and Family Therapists (MOKANMFT)

2016-Present